

*Helping people. Changing lives.*

**CAPLine**

You know you should quit.  
Your excuses just ran out.

### FREE QUIT SMOKING SERVICES

- Informational sessions throughout the state
- Assessment of your personal smoking history to determine a treatment plan
- Counseling - individual or group sessions appropriate to your stage in the quitting process
- Nicotine Replacement Therapy (patch, lozenge or gum)

Program is conducted by certified, bilingual Tobacco Treatment Specialists using the Centers for *Disease Control and Prevention* model. *The Program adheres to the Standards of Practice prescribed by the Association for Treatment of Tobacco Use and Dependence Services.*

On average, 1,700  
adults in RI die  
annually from  
smoking related  
illnesses.

**Kick the  
habit  
before it  
kills you!**



**Research shows that you'll be more successful with a combination of counseling and Nicotine Replacement Therapy.**

For information on a program near you or to schedule an appointment contact:

***Donna Levesque  
Tobacco Cessation and  
Treatment Coordinator***

***(401) 519-1970***

**[dlevesque@tri-town.org](mailto:dlevesque@tri-town.org)**



*Tobacco Cessation and  
Treatment Services provided  
through a grant from the Rhode  
Island Department of Health*

Smoking is costing you your  
health and thousands of  
dollars a year.

**We can help you quit!**

**Joseph R. DeSantis, Chief Executive Officer**  
South County Community Action Agency  
1935 Kingstown Road  
Wakefield, Rhode Island 02879  
Main: (401) 789-3016

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